Student Dental Nurse’s Name: A Stanhope

Date of Activity:

The Practical Experience Record sheet is a true representation of my own involvement in the task described.

Student Dental Nurse Signature

A Stanhope

1. Local Anaesthetic procedure carried out

Guidance Notes:
Students should state the procedure carried out.
Students should explain how they assisted both the clinician and the patient during the procedure, and be able to describe their role during the procedure.
Students should describe the patient on which the treatment was carried out.

The procedure was restoration on an upper right 4. The patient was a 45 year old female who had no relevant medical history.

I put out the following equipment:
- mouth mirror
- right-angled probe
- college tweezers
- double ended ball-burnisher
- double ended amalgam plugger
- double ended flat plastic
- double ended excavator
- 3 cotton wool rolls
- articulating paper
- 3 cotton pellets
- floss.

I also placed the fast and slow handpieces out with cavity prep burs.

I placed the Local Anaesthetic which was prepared with a short needle, cartridge containing adrenaline and a breech loading syringe. Before loading the syringe, I check the batch number (which was 6145) and the expiry date (30/06/15) to make sure that the LA is safe to use and can
log this on patient records. The short needle is placed so that the dentist can carry out a buccal infiltration.

2. Aim of the procedure

*Guidance Notes:*
*Students should state the overall of the procedure.*

The aim of this procedure is to prevent the passage of messages passed along the nerve to the brain, which causes a temporary loss of pain and stimulation so that we can carry out the treatment painlessly.

3. Reflective Account

*Guidance Notes:*
*Students should identify their strengths and weaknesses during the procedure and describe any action they would take to address weaknesses in the future, if required.*

My strength in this procedure was that I had all the equipment out ready for the patient.

My weaknesses were that I had to change the needle as I had got it wrong first time. I will revise my local anaesthetic module so that this doesn’t happen again. I also feel that I did not interact with the patient enough and I need to get more confidence when dealing with patients.